

## A Nursing Home May Not Be the Only Option



### FACT SHEET

#### Information about I Choose Home - NJ (ICH-NJ)

##### What Is I Choose Home – NJ (ICH-NJ)?

I Choose Home – NJ (also known as Money Follows the Person) is a Federal program with two main goals:

- move people out of nursing homes and developmental centers back into the community with proper supports and services; and
- re-invest Medicaid dollars saved back into home and community-based services

##### Who Is Eligible?

NJ residents may be eligible if they:

- Have lived 90+ days in a nursing home or developmental center;
- Are interested in moving back to the community; and
- Are eligible for Medicaid (clinical and financial) at least one (1) day prior to leaving the facility.

##### What kinds of services are available through ICH-NJ?

Services are specific to the Medicaid program in which the person is enrolled. Examples of possible services include adult day care, home health aides, transportation, and meal delivery. An interdisciplinary team, including the individual, family members, social workers, discharge planners and others, meets to decide what services are necessary. The team develops an individualized plan of care, including important case and care management services.

##### How does ICH-NJ benefit New Jersey?

New Jersey receives an enhanced federal Medicaid match for the first year that each transitioned individual resides in the community. Those extra funds are then reinvested to create more possibilities for others to remain in their homes with the services they need.

##### How do I apply for ICH-NJ or get more information?

Call **1-855-HOME-005** and we will refer you to an I Choose Home – NJ outreach specialist.  
**(4663)**